



Your Online Organic Marketplace - Delivering Fresh Food & Groceries To You!

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ORGANICS

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& AUSTRALIAN
OWNED

CONTACT US ON
3715 5381

19 Staple Street
Seventeen Mile Rocks
Qld 4073



New

Ceres Organics Black Quinoa

It's no secret that quinoa is one of, if not the best carbohydrate source available. Black quinoa has a crunchier texture and stronger flavour than the other white and red varieties. Black quinoa is naturally gluten free, has a low glycemic index and is a balanced source of high quality protein.

\$10.00 400g

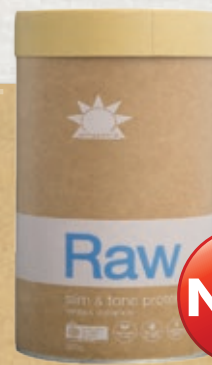


New

Coconut Culture Coconut Oil

Coconut culture's organic virgin cold-pressed coconut oil is made from sustainably sourced and organically grown coconuts. Raw cold pressing retains all the natural authentic goodness of the coconut, which means zero refining and no chemical use ensures organic certification.

\$19.60 1 Lt



New

Raw Slim & Tone Protein

Vanilla and cinnamon Raw Slim & Tone protein provides a nourishing and filling sprouted protein base with nutrient-dense herbs and specific alkalising greens to help combat the real issues of weight gain. This raw protein has a delicious creamy taste that will keep you fuller for longer.

\$34.70* 500g

*price exclusive of GST



THINK AUSSIE EAT AUSSIE

\$81.00 ©



Organic Beef Pack

GET EXCITED ABOUT YOUR FRUIT & VEG!



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\$100



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BioPro
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discount
Protein Supplies Australia

7 Day
Yoga Pass
Bonfire Yoga

Nutrition
Consult
Bonfire Yoga

HEALTH KICK STARTER PACK 2015

FEATURING

- | | | |
|------------|--------------|---------------|
| Kale | Mangoes | Almond Milk |
| Spinach | Cucumber | Coconut water |
| Bananas | Celery | LSA |
| Lemons | Parsley | Coconut Flour |
| Zucchini | Bush Honey | Minced Ginger |
| Avocado | Cacao Powder | |
| Beetroot | Coconut oil | |
| Silverbeet | Turmeric | |

made possible by...

